May 26th  Denpasar arrival – transfer to hotel in Ubud     -/-/D

Namaste and welcome to Bali! Upon arrival at Ngurah Rai airport–Bali, greeting services with our local English speaking guide and then direct transfer to your hotel in Ubud.

Rest of the day is free at leisure.
Dinner and accommodation at PURI GANGGA RESORT

May 27th  Full day trip : Sebatu Temple and Kintamani     B/L/-

Yoga/meditation 7.30–9am
Breakfast at the hotel

Continue our morning activity with cleansing purification or “Melukat” at Sebatu temple. With this ceremony, Balinese believe and expects all the things that are negative, especially within the self, thoughts & emotions, are cleansed & purified so that the future can be pure.

Afterward drive up to Kintamani, and along the road you will see the beautiful rice terraces of Tegalalang. The absolute highlight of the tour is on the top of the ridge of Mt. Batur, opening up with a view of the 7.5 km volcano crater. On your way back to the hotel we visit Goa Gajah temple near Ubud.

Rest of the day is free at leisure.
Lunch will be provided at local restaurant.
Dinner at own arrangement . Accommodation at PURI GANGGA
May 28th  Full day trip : East Bali  B/L/-

Yoga & meditation 7.30–9am

Breakfast at the hotel

We are heading east to see the Kerta Gosa, or Hall of Justice, built in 18th century in Klungkung. It is beautifully laid out within a moat and provides an exquisite example of the Klungkung style of painting and architecture which can be seen in their ceiling murals. Continue on to Kusamba, a fisherman village that also engages in salt making where you will also see colourful outrigger lined up along the black sand shores. The coastal road with full view to Nusa Penida will lead us to Goa Lawah (Bat Cave). This cave, whose walls vibrate with thousands of bats, is considered holy, and a temple and surrounding shrines protect the entrance.

After lunch at local restaurant we go to Taman Tirta Gangga (Water Palace) whose swimming pools and ornamental ponds serve as a fascinating reminder of the Balinese rajah's old days. Our last stop will be Tenganan, an original Balinese village, a stronghold of ancient traditions. You can see the local women weave the famous "flaming" cloth, kamben geringsing, which supposedly has the power of immunize the wearer against evil.

Lunch will be provided at local restaurant. Dinner at own arrangement

Accommodation at PURI GANGGA
May 29th  Ubud tour  B/L/-

Yoga & meditation 7.30 – 9am
Breakfast at the hotel

Drive to downtown Ubud, and join 2 hours workshop at Agung Rai Museum for Gamelan or Dance program, the participant will learn about the history of gamelan in the village context, and a demonstration by master musicians. The participants will then get an opportunity to play the instrument and learn to play short piece. Afterward visit the gallery which has an extensive collection of paintings by Balinese, Indonesian and foreign artists in classic Balinese and contemporary styles. (The museum is open every day from 09.00 – 18.00)

Continue onwards to a healthy lunch at Sari organic restaurant, to reach this restaurant we need to walk about 15 minutes from the main street to the small path with a beautiful setting amidst the rice terrace.
Rest of the day is free at leisure.
Dinner at own arrangement

Accommodation at PURI GANGGA

May 30th  Full day: Cooking lesson at the hotel + dance performance and dinner at local restaurant  B/L/-

Today we will share the unique sill and receipt, under guidance of a Balinese chef, where you could learn how to prepare local delicious food. Cooking class venue is inside of hotel area, it's a Balinese traditional style compound near pool side area. Morning session starts at 07:00 AM with Tegallalang traditional market visit for approximately one hour, where you will find Balinese spices and vegetables displayed and sold in traditional way. At 08.30 AM back to hotel and continue with breakfast at the restaurant.

Be in traditional cooking venue at 11:00 AM, and Chef will share his secret dishes recipes, and followed with your memorable lunch. Take home the secret recipe as well as the cooking class certificate.
In the late afternoon we will visit the **Ubud palace** or known as **Puri Saren Agung**, whose royal family ruled Ubud from the late 1800's until 1917. Continue our wonderful evening with **dance performance** at the open stage of the palace. It is scheduled daily from 07.00 PM – 21.00 PM and there are various categories of dance from Monday – Sunday.

Dinner at own arrangement

Accommodation at **PURI GANGGA**

**May 31st**     **Cabrio tour to West Bali–Full day**     **B/L/D**

Yoga & meditation 7.30–9am  
Breakfast at the hotel

Today excursion will takes us driving through small back-roads by Cabrio or German military car via **Desa, Munggu** and **Kaba–Kaba**, to **Tabanan City**, for market Visit. The tour continues, by driving up the slope of Mount Batukaru passing **Rejasa**, to **Tambuwaras**. Visit of a beautiful Temple at the edge of the rainforest which is normally locked. Our guides carry a key and bring “Kain and Slendang” along.

To reach **Jatiluwih** we pass **Tegalllingah village**, with a beautiful view over the rice fields on the way back, we pass again on small roads, **Apuan village**, where we make a stop to show the clients a **Balinese compound**. Afterwards, via **Tua village** and other small villages back to the hotel. Short walks give the opportunities to our guides, to show & explain the culture of rice growing, the fruits and the spices (coffee, cacao, cloves, and vanilla), on this island. Photo stops are possible at any time. Lunch will provided at local restaurant

Dinner and accommodation at **PURI GANGGA RESORT**
June 1st  

**Temple Tour Bedugul – Tanah Lot**  

b/L/D

Yoga & meditation 7.30–9am

Breakfast at hotel

Today we will continue exploring the western part of Bali; we start with a visit to **Pura Taman Ayun**, founded by the King of Mengwi in the 17th century. It has three ascending levels of spacious courtyards containing rows of shrines and pavilions and is surrounded by wide moat. Next stop is **Bedugul** – an attractive mountain resort located 850 m above sea level, visit **Ulun Danu temple**, dedicated to Dewi Danu the goddess of the waters, on the Lake Bratan

We return to south Bali and en-route; we stop at Candi Kuning market for local fruit including strawberries and flower market with its exotic wild orchids and roses. Final stop will be **Tanah Lot Temple**. This is possibly the best known temple in Bali. For the Balinese, Tanah Lot is one of the most important and venerated sea temples. Afterwards we drive back to Ubud.

Lunch at local restaurant

Dinner and accommodation at **PURI GANGGA RESORT**

June 2nd  

**FREE DAY AT LEISURE**  

[B/-/-]

Yoga & meditation 7.30–9am

Breakfast at hotel

Rest of the day is free at leisure. We provide the car and guide for you for 8 hours and you can discuss with guide where you want to go and what to do. Any cost of entrance fee to places visited or meals are not included.

Some activities to explore at the hotel are foot massage, traditional body massage, coconut leaf craft etc

Lunch and dinner at own arrangement
JUNE 3RD  UBUD – DPS AIRPORT  [B/-/-]

Breakfast at the hotel

Morning is free at leisure

In the afternoon at the appropriate time we will pick you up from your hotel in Ubud to be transferred to DPS airport.

Lunch & dinner at own arrangement

Inclusions in your package:

• Daily breakfast
• Daily afternoon tea and Balinese cake in the restaurant at 15.30 – 16.30
• Daily Balinese fresh fruits in the room
• 6 Morning yoga & meditation lesson from 7.30 – 09.00
• Coconut leaf craft lesson every Sunday at 14.00

Also included:

• All specified transfers and tours in itinerary above by air conditioned car or minibus
• Local English speaking guide
• Meals as indicated in the program
• Service charges, room tax, Local tax/VAT, driver, guide expenses and baggage handling
• Entrance fees, donation and admission for tours as mentioned in the itinerary

Not included in the tour prices are:

* Airfare and airline ticket

• Expenditures of a personal nature, such as drinks, souvenirs and laundry etc.
• Extension stay at the beach resort in the south of Bali
• Optional Tours
• Travel Insurance
• Tipping for guide/driver
• Other meals as indicated in the itinerary
• Visa on Arrival at USD 35 net/person for maximum 30 days stay (subject to change)
• Should the Indonesian government increases the percentage of tax collected on room and/or meal rates or impose additional tax/levies, we increase the correct rate accordingly irrespective of the existing contract
• Expenditure of personal nature such as extra drink, souvenir, laundry, telephone, room service, etc.

PLEASE NOTE:

• Minor program changes are sometimes necessary, depending on local conditions and room availability.